



Lynda Sweetnam

January 8, 1943 - May 7, 2025

Lynda Sweetnam, age 82, of Plymouth, passed away peacefully on May 7, 2025, surrounded by her family. She was born in 1943 in Leighton Buzzard, England, to the late Tom and Joyce (nee Mills) Parfitt.

At the age of 14, Lyn met the love of her life, Gordon, beginning a lifelong love story. She graduated from Luton Technical University in 1960 and married Gordon in 1963. Together, they moved to the United States in the 1970s to begin a new chapter of their lives. Lyn worked for many years as an administrative assistant across various industries, where she was admired for her dedication and professionalism.

Lyn had a deep appreciation for art and culture and was an active member of several clubs and social groups. She enjoyed yoga, book and garden clubs, mahjong, and quilting. Above all, she treasured spending time with her family—especially her grandchildren, who brought her endless joy.

She is survived by her children: Rachel White, Matthew Sweetnam, and Rebecca (Dave) Caldwell; grandchildren: Austin White, Amelia White, Kaiman White, Ben Sweetnam, Jake Sweetnam, Josie Caldwell, and Nya Caldwell; great-grandchild: Aurora Sweetnam; sister: Jenny (Colin) Lennox; brother: Colin Parfitt; and many nieces and nephews. She was preceded in death by her beloved husband, Gordon, and her parents.

In accordance with Lyn's wishes, cremation will take place, and no formal service will be announced at this time.

In lieu of flowers, please consider a donation in her memory to the Alzheimer's Association, Greater Michigan Chapter, 25200 Telegraph Road, Suite 100, Southfield, MI 48033; or to Hospice of Michigan, 43097 Woodward Avenue #102, Bloomfield Hills, MI 48302.

Arrangements entrusted to Vermeulen-Sajewski Funeral Home, Plymouth.

To share a memory, please use the share a memory tab on this webpage.