



## Patrick Joseph Sheehan

July 14, 1948 - January 4, 2026

Patrick Joseph Sheehan passed away on January 4, 2026 in Livonia, Michigan after a long battle with Myasthenia Gravis. He was welcomed into this world in Detroit, Michigan on July 14, 1948 by his parents Jean (Solomonson) and Joseph Sheehan.

Pat grew up in Redford Township and graduated from Detroit Cathedral High School. He demonstrated an early ability to work with his hands as well as an interest in cause and effect when he stuck his baby fork into an electrical outlet and melted it.

Following high school Pat acted on these interests and abilities by joining Sheet Metal Workers Local 80, first as an apprentice and later becoming a well-respected Commercial Journeyman "Tin Knocker." He was very proud to have spent the majority of his 38-year career with S&M Heating Sales Company in Southfield, Michigan. There he led crews on commercial projects around the Detroit Metropolitan Area and was known for his eye for detail and strong work ethic. He served as a mentor to other workers as they joined the company and perfected their skills. Upon retirement he and his wife Judy split their time between Michigan and Florida, enjoying golfing and socializing with friends and family. Pat loved to golf and counted two holes-in-one among his accomplishments on the course.

Pat is survived by Judy, his wife of 27 years, and his children with first wife, Carol--Patrick (Meredith), Erik (Nancy), Sarah Sheehan Kiffner (Nick), and Jennie Sheehan. Pat was a believer in the idea that there's no such thing as

step-love and was fortunate to add two more children, Jeff Cale (Marisol) and Lori (Dan Stechow) to the family upon marrying Judy.

One of Pat and Judy's great joys was spending time with their grandchildren Graham and Rory Sheehan, Carolann and Karly Kiffner, Julian, Aidan, Lorelai, and Sophia Gabriel. He is also survived by his sister Lynn Sheehan and two nieces Elizabeth (Brian Hess) and Emily (Curtis Sproul) and two grandnephews Ben and Alex and numerous cousins.

He was preceded in death by his parents, grandson Zachary Sheehan, and brother-in-law Rick Archer.

Pat was a member of the friends of Bill W for 41 years. He was strong believer in the program and kept coming back. He lived the beliefs of the program and formed strong relationships through supporting and sponsoring others. In all facets of his life, Pat was known as a faithful friend and built relationships wherever he went. He valued his friends and felt he gained from watching how they dealt with the ups and downs of life in their older years. He enjoyed talking with people and hearing about their life journeys. He was willing to share his own life stories and experiences in the cause of helping people deal with their own challenges. For many years he acted as caregiver for his mother during her struggle with Alzheimer's Disease and developed a strong sense of compassion and patience.

Pat will be cremated and his ashes interred at Holy Sepulchre Cemetery in the family plot.

Arrangements entrusted to Vermeulen-Sajewski Funeral Home, Plymouth. A Celebration of Life service will be held at on May 3rd, at The Golden Fox Banquet Center, 8768 North Territorial Road, Plymouth, from 11:30 AM until 3 PM.

In lieu of flowers, contributions may be made to Myasthenia Gravis Foundation of Michigan (<https://mg-mi.org/get-involved/donate/#tribute>) or The Arc of NW Wayne County's JUST FUN CLUB. Checks may be mailed to The Arc of NW Wayne County, 7170 N. Haggerty Road, Canton, MI 48187. Please add JFC and Pat's name to the check. Online donations may be made at The

Arc Northwest Wayne County (<https://thearcnw.org/get-involved-with-the-arcnw/>).

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# Previous Events

## Celebration of Life

MAY 3. 11:30 AM - 3:00 PM (ET)

The Golden Fox Banquet Center  
8768 North Territorial Road  
Plymouth, MI 48170

# Tribute Wall

“ I first met Pat at a Friends of Bill W meeting. The connection between us was immediate. Pat became my Sponsor and we became fast friends. Pat's wisdom and sense of serenity, peace and calm helped me not only to endure life's hardships but to accept them with grace.

The Serenity Prayer best summarizes the lessons that Pat taught me.

I remain forever grateful.

The Serenity Prayer:

God, please grant me the grace to accept, with serenity, the things that cannot be changed,

Courage to change the things which should be changed,

And the wisdom to distinguish the one from the other.

Living one day at a time,

Enjoying one moment at a time,

Accepting hardship as a pathway to peace,

Taking, as Jesus did, this sinful world as it is, not as I would have it,

Trusting that You will make all things right, if I surrender to your will,

So that I may be reasonably happy in this life,

And supremely happy with You forever in the next.

Amen.

Or, as Pat and I used to joke;

*Now we must leave the rest to Providence and Paddy McGinty's Goat!*

*Miss you Pat,*

*Jim K*

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**Jim K** - March 10 at 10:52 AM

JR

“ *I met Pat about 8 years ago and was immediately drawn to him. He was always extremely welcoming and had very sound fatherly advice to offer. truly a Gentle Man. He reminded me of my Father and I am grateful I got to know him.*

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**John R** - January 14 at 12:24 PM

SK

“ *Pat was a truly great person with a gentle heart. I'll never forget his kindness or the way he'd say 'yes dear' with a smile. He always put others first and showed such genuine sweetness every day. Wishing him eternal peace in heaven. He will be deeply missed.*



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**Sandy Kim** - January 13 at 02:21 PM

SD

“ *In Florida, I met Judy as a Hospital Auxiliary Volunteer and we shared many conversations. She loved Pat dearly and he enriched her life. They were very involved with the actions of loving and enjoying life together. My condolences to family and friends. Pat is peacefully watching from above. Love, Sandy Dobson* ❤️



Sandy Dobson - January 12 at 10:47 AM

DA

“ *Pat was the father-in-law that everyone wishes for: dutiful to a fault, perpetually available, the world's greatest grandfather to our kids, rock-solid stepdad to my wife, the ultimate life partner to my mother-in-law, and a new friend to my folks in their last days. I will forever miss his masterfully told stories, his Yooper work ethic, and his calm wisdom. He filled in following my own dad's passing with fix-it guidance and the vast personal perspective that comes with life experience. In short, we all stood on his unshakable shoulders through thick and thin. While the empty seat at the table will never be filled, I thank my lucky stars that fickle fate introduced us - and my life was made forever better for it. Farewell and Godspeed, sir. A cosmos full of spirits in need awaits.*



Dan - January 10 at 10:36 AM

LN

*Pat will always bring remembered. He was always there when someone needed him. He will definitely be missed.*

Linda Neuvirth - January 10 at 03:22 PM

JS

*Thanks, Dan, all so true. He was so loved by so many. It's hard to think of a world without him. I'll miss his notes that said "I love you Judith Ann" (with a smiley face)*

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**Judy Sheehan** - January 11 at 01:34 AM

JS

*Pat , your buddy Jeff Smith here, buddies forever  
RIP*

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**jeff smith** - January 23 at 09:53 PM

PF

*“ I will miss you for helping me and many maintain our mission with the friends of Bill W.. Being your friend for 41years was a pleasure. RIP from the class of "84".  
Paul Frank*

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**Paul T. Frank** - January 09 at 11:01 PM

JO

*“ Pat was my work buddy. I was there when he started at S&M and still there when he retired. His sweet disposition, kindness, and ability to listen without judging and sharing words of wisdom will always be remembered. I know he will be greatly missed. May the sunlight of the spirit be with him and his loved ones.*

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**Jo-Ellen** - January 09 at 05:02 PM

JD

*Pat was such a great friend to me and my husband, Richard Richard and him made a packed many years ago when Pat quit drinking and Richard quit smoking they both stuck with that till the end Richard had a special relationship with Patrick and trusted him with many job assignments that he knew he would carry on to perfection. I am sure he and Richard are having a great old time up there. My prayers are with you, Judy and the entire family as I know what agony and sorrow this brings to the family may all those special memories lighten the load. He was a very special man.*

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**Jo Ann Darin** - January 10 at 08:49 AM

JS

*Jo Ann, I've been waking up lately at 5am (as Pat always did) which I never did before. I remember Pat saying how Richard would text him and say "I know you're up. I ruined your life, sorry"*

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**judy sheehan.** - January 12 at 11:10 AM

CR

*“ I met Patrick 9 yrs ago. We immediately connected & enjoyed conversations about Eagle Harbor UP, the Tigers & spirituality. I will miss his steady & wise demeanor. Rest in Peace, Pat.*

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**Chris R** - January 09 at 03:16 PM

JS

*“ The most kind and gentle man I have ever had the pleasure to know.*

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**Jo Steuwe** - January 09 at 09:46 AM

MO

“ I was lucky enough to live next door to Pat and Judy. Pat was always ready with a treat anytime a dog walked by his house. Right after I moved into my house, a thunderstorm broke a big branch from my tree. Pat immediately got his saw and cut it up for me. He waited for the city workers in the summer and gave them water. This neighborhood is not going to be the same 😞. RIP my fellow Irish man. Mary

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**Mary OToole** - January 08 at 05:41 PM

GK

“ I'm better for having known you Pat. R.I.P.

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**Greg Karl** - January 08 at 04:57 PM